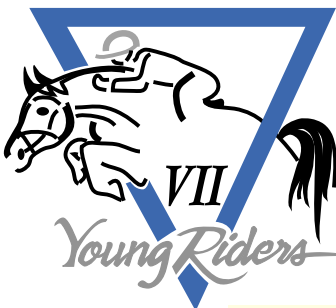


# Area VII Young Riders



## We Event! We Rock!

### A Letter from Kris Sparks Young Rider Coordinator:

Three Area VII events in the books and the Young Rider program is in full swing. I was not able to attend camp - sorry to miss the fun. Thanks to **Julie Kaye, Mary Leatherman, John Camlin, Anni Grandia, Kerri Scroggins, Peggy Lynch, Carol Shing** and many many others for all your help. As you continue the season I wish you all the best of luck.

We have given out two sets of Young Rider ribbons. One for Northwest Equestrian Center and Inavale. For all the Inavale winners please stop by the Young Rider tent at Whidbey Island PC Horse Trials and pick up your ribbons.

It has been fun to meet all of you and I hope that Young Riders is providing you the programs and activities that you need. If you have any suggestions or ideas about how Young Riders could be of more help to you please let me you. You can reach me at [kristinasparks@hotmail.com](mailto:kristinasparks@hotmail.com)

The next big thing that Young Riders will be responsible for is the Young Rider Benefit Horse Trial. This is the HT that we put on to raise money to support Young Rider activities. We will need help to make the HT a success. We will have several work parties prior to the HT and of course x-country jump judges and show jumping ring crew. Let me or Anni Grandia know how you want to help. We will have a big sign up sheet at the show office. All the proceeds support our clinics and/or Area VII Young Riders at FEI competitions. I hope that we will have an Area VII one star team at the new National Championship - Nov. 1-4, 2007 Galway Downs, CA.

Hope to see you at The Event at Rebecca Farm

### Young Rider High Point Awards from Inavale Horse Trials

Intermediate - Marc Grandia

Preliminary - Jordan Linstedt

Training - Carlie Cole

Novice - Lexy Funk

Beginning Novice - Emily Christen

Please pick up your ribbons at Whidbey Island or Montana

### NWEC Photos

Action Taken Photography



**Please join us  
at Whidbey  
for refreshments  
and snacks at  
the Young Rider  
Canopy. Listen  
for an  
announcement  
for the tent  
location.**



# YOUNG RIDER CAMP 2007



## COACHES CORNER

John Camlin  
Caber Farm, Onalaska, WA

We often think the rules are the same in an FEI competition as those of a regular horse trial (or three-day event), but they are not even close. The biggest rule difference is what the rider and horse can ingest during the competition. The easiest and safest way to remember is no drug at all. This includes herbal substances too. There is a banned substance list at the USEF website, but it is not the easiest site to navigate. Do not count on your personal vet to know, for it would be impossible for him/her to know every substance on the list.

In accordance with FEI rules, competitors are subject to drug testing as well and without any advance notice. Riders need to also be aware of which substances are illegal for them. This list can be found at the World Anti-Doping Agency's website: [wada-ama.org](http://wada-ama.org)

I try to avoid giving any substance the last five weeks before a competition. Even something as simple as Penn-G for an infection could cause trouble as it contains procaine, a masking agent, which is illegal.

Another important thing to remember is to register yourself and your horse with the FEI as early as possible. It can often take some time to get your horse's passport and your entry to an FEI competition will not be accepted without it.

One of the most important things is to learn the rules well before your first FEI competition. It's heartbreaking to see a well-dressed rider on a fit, well turned-out horse, both primed for their first FEI competition, get eliminated for carrying a dressage whip into the dressage ring. This is one of many different rules, simple as it is, that can each of you should know.

I believe all of you some day will be doing FEI competitions, if you keep it as a goal. It will be great to have all of you, at some time, represent Area VII and possibly the country.

## ~ YOUNG RIDER AWARDS ~

The Young Rider Canopy will be up again at Whidbey. We welcome all Young Riders to visit the tent and sign up for awards/ribbons.

Young Riders offers **Completion Ribbons** for all competitors who successfully complete all 3 phases, just come by and pick up your well-deserved ribbon.

Young Riders offers **Lowest Dressage Score Award**, but you must come by with your dressage score to qualify.

You will also be eligible for a **Sportsmanship Award**. Area VII trainers will be on the lookout for competitors showing exceptional enthusiasm, dedication and compassion.

**Young Rider High-Point Award** for the Young Rider with the best score in each division.

*Please let us know if this is your first event or first time at a new level.*

Newsletter produced by Julie Kaye  
Kaye Marketing. Please submit  
information or articles to  
[jkayeor@hughes.net](mailto:jkayeor@hughes.net).

### Call for Volunteers

*Young Rider Parents  
We Need Your Help!  
Please call if you are able to  
volunteer at the YR tent  
at Whidbey Island  
or Montana.  
Call Kris Sparks or  
Julie Kaye.*

## ~CAMP ROUND-UP~

What can I say- despite the weather camp was a blast! 30 Young Riders from all over the area gathered at Inavale Farms in Oregon for four days of nothing but horses, friends and fun. The week started off with blistering heat on Tuesday as each camper enjoyed a private dressage lesson from one of our four instructors John Camlin, Bea DiGrazia, Tricia Dahms and Loris Henry.

Wednesday started in full swing with Bea giving much sought after lunge line lessons, John working the YRS very hard in the show jumping arena, Tricia taking groups out CC and Loris taking her time in her dressage lessons. Everyone seemed to have a great time throughout the day despite the constant NW drizzle. By Wednesday evening I gave up trying to keep Loris on time and extended her dressage lessons to 45

minutes since she basically told me she would teach until she was done! Gotta love Loris- very passionate about her dressage and nothing was going to get in her way.

Thursday brought more lessons, a jog up presentation by our YRs preparing for the FEI competitions in Montana and CA complete with John's critique, a wrapping demo by Bea and Loris' version of Jeopardy. The night continued with a heated game of soccer while Cindy Covington set up her plasma screen TV in the tent and left it for the girls to watch Thrills and Spills and WEG 2006. Nothing like camping in luxury! And a NW camp would not be complete without evening sun to bring out two of the biggest rainbows I have ever seen!

The whole week was fun but not just games- the YRS spent 3 hours in the saddle every day working very hard on dressage, show jumping, or Cross country. I wish that I hadn't gotten hurt and could have taken advantage of those wonderful instructors myself! Frankly I was a bit jealous as I spent the week helping the YRS with their



stable management- wrapping, braiding, icing and whatever else was needed. Every horse and rider was content and more educated by the end of the week including Levi's naughty pony who learned that he had two leads not just one!

I have to say that YR camp 2007 was one of the best camps so far. Looking forward to an even better week in 2008! If you have questions or comments about camp please feel free to contact Anni Grandia or Mary Leatherman. We would love to hear your thoughts!

Anni Grandia

## YR BENEFIT HORSE TRIALS VOLUNTEERS NEEDED

We are once again gearing up for the Young Rider Benefit Horse Trials 2007 @ Donida Farms in Auburn WA. This year's benefit runs over three days, Aug 10-12. *The horse trials is our only fundraiser for the year.*

Volunteers are needed for all three days as well as the set-up prior to the horseshow. A lot of work goes into pulling an event off as well as a lot of volunteers are needed. If every young rider and family pitches, the weekend will go a whole lot smoother. *Remember that volunteering is an important part of not only the young rider organization but is essential for the entire event community.* We have events to participate in only because of volunteers.

If you are interested in helping out please contact Anni Grandia (253)884-6896 or [threeday0902@yahoo.com](mailto:threeday0902@yahoo.com)

DATES to remember:

**Aug 4-5 2007** - Work party out at Donida Farms. We are hoping to do all of the Cross country prep that weekend so many hands are needed along with hedge trimmers, shovels, rakes and weed wackers.

**Aug 8-** set-up for the horse trials begins at Donida. Any YR wanting to bring their horse early is welcome to and Yrs will foot the bill for the extra stabling for anyone helping out.

**Aug 10-12** The Benefit Horse Trials

**Aug 11- 6:30** pm BBQ dinner and silent auction. Come help us raise money for our program!