

**Steuart** began riding as a child in the hunt field, in pony races, and at local shows. He was introduced to eventing through Pony Club. Since then he has derived most of his income from training and selling horses for eventing, dressage, and jumpers. Steuart's instruction has come from a variety of trainers including Bruce Davidson, Jim Wofford, Gunnar Ostergaard, Hans Jurgen, Stuart Black, Becky Langwost, and most recently Linda Zang for dressage. He credits most of what he knows to the horses that he has worked with. He believes that all of us learn mostly from our horses, and in his teaching he attempts to speak from the viewpoint of the horse. The other major influence on Steuart's riding has been 20 years of daily practice in Tai Chi, an ancient Chinese practice of meditative movements designed to open up the free flow of energy through the body. Steuart often describes the interaction between horse and rider in terms of energy and encourages riders to think and feel in these terms. More on Steuart go to [www.dodonfarm.com](http://www.dodonfarm.com)

**Michele Morseth**, MA is a clinician, instructor, author, and rides and trains horses for dressage and the trail. Trained in the Feldenkrais Method®, Centered Riding, LIAB and biomechanics as well as dressage, she teaches riders from the unique perspective of knowing how to change a rider's movement patterns, biomechanical efficiency and awareness. Michele works with underlying patterns and habits, not symptoms. Riders learn to ride in better balance, with greater coordination and effectiveness. Besides teaching riders, she gives dressage lessons to endurance and cow horses to increase their athletic ability. Michele believes that to ride well and communicate clearly riders need to move *with* the motion of the horse, supporting his movement without tensing or bracing against him. She has found that anyone, no matter what their age, history, or condition, can improve their ability to ride. Whether you want to increase your competitive edge in the show ring, improve your riding performance, recover from injury, or just feel better, Michele's methods can help you. She is available for clinics, workshops and video lessons and can be reached at <http://SitTheTrot.com>, where you can also find articles to help you to attain the position of your dreams.

Michele's Story: I returned to riding after being a mountain climber, skijorer, and dog musher in Alaska. After years up north, I discovered my body had changed—I no longer had the supple dressage seat I once had. I had to re-learn how to ride in fluent balance. I embarked on a study of movement, awareness and athletic training, trying yoga, Pilates, stretching and strength training. I went to PTs, chiropractors and acupuncturists and nothing helped. I also took lessons with myriad improve-your-seat clinicians from Centered Riding to French Calvary methods. It was not until I found a different paradigm of human movement through studying the work of Moshe Feldenkrais that my riding dramatically improved. Thrilled by my new understanding of movement, balance, and how we can change, I began to share my distinct methods with riders who have decided to progress from being mediocre to expert, or expert riders who want to improve.

**Jonathan Elliott** began riding at an early age on an arabian named Saber. Riding Saber proved to his parents he was dedicated enough to deserve a more talented horse. Jonathan has since developed numerous horses to the upper levels. He enjoyed a wonderful partnership with Aspen who he finished 4th on at Rolex Kentucky CCI\*\*\* in 1998. On Kilcoltrim he completed Burghley CCI\*\*\*\* in England as well as Rolex Kentucky CCI\*\*\*\*. Over the last few years, Jonathan has enjoyed doing some "catch riding," giving horses at various levels confidence building rides.

Since moving to WA in 2004, Jonathan's focus has been more toward teaching and developing his own horse trials. His teaching skills are evident by the long list of students he helps at the shows and the positive feedback he receives. Jonathan has dedicated himself to developing a top-notch horse trials for Area VII competitors and hopes to eventually add an advanced course. Aspen Farms first horse trials was held in 2007. It was a huge success and was even better in 2008 with the addition of an intermediate course. In 2010 Aspen Farms will hold its first CIC's.

[www.aspenfarmseventing.com](http://www.aspenfarmseventing.com)

**Judy Klus:** I have been training and teaching eventing for over 35yrs. I grew up Eventing in California and competed successfully all on clients horses through the One Star Level. I won the first 3 day offered at Ram Tap in 1989. I have worked with and learned from some of the best teachers in the sport: Jim Wofford, Richard Mead, Denny Emerson, Jack LeGoff and Mark Phillips. My dressage background is also very strong. I worked with Sandy Howard and Lilo Fore on a consistent basis for many years. I graduated from Cal State Univ. Chico in 1975 with a degree in Psychology and then got a teaching credential at San Francisco State Univ. in 1982 when I thought that I needed maybe to get a real job. That didn't work and I found that I could teach people more about themselves through horses than in a classroom. I have owned and run my farm, Full Circle Farm since 1984 (was Full Circle Training in California). I moved to Oregon in 2001 in order to fulfill my dream of owning a facility where I could raise and train horses and help people get together with their horses in a more healthy environment than the busy urban environment of California would allow. I return to the SF Bay area monthly to teach students. I enjoy working with students and their horses of all ages and abilities. I was the coach of the USPC gold medal eventing team at the National Championships in 1989 and have helped several pony clubbers to attain their A ratings. I am a USEA certified Level III instructor and a strong believer in the USEA instructors program.